



Generic Resources for Clients & Families

A **generic resource** is any agency which has the legal responsibility to serve all members of the general public and is receiving public funds for providing those services. What they offer may be helpful for you or your family member and does not require funding by the regional center. While SG/PRC does not provide funding for these resources or supports, they may be included in the IPP developed for a client.

Medi-Cal Related Resources

Medi-Cal is California's Medicaid program. Medi-Cal is a public health insurance program which provides funding for needed health care services for low-income persons. To apply, go to your local DPSS office or contact Toll Free (877) 597-4777; Customer Service (866) 613-3777; <http://dpss.lacounty.gov/dpss/health>

Medi-Cal through Institutional Deeming Program enables children **ages 3 to 18** to receive full-scope Medi-Cal who would normally not be eligible because their family income is higher than income criteria. Under the Institutional Deeming program, only the child's income and resources are considered when determining eligibility. If the child has income or resources of his/her own, such as a trust fund, he/she may not qualify or may qualify but be assessed a share of cost. *For more information or to apply, please contact your Service Coordinator.*

Behavior Health Treatment (BHT) includes Applied Behavioral Analysis, behavioral intervention, parent training, and adaptive skills training. Medi-Cal Managed Care Plans fund BHT for Medi-Cal beneficiaries up to age 21 years who have a diagnosis of Autism Spectrum Disorder (**ASD**). To access BHT through Medi-Cal, call your Managed Care Plan. Private Health Insurance may also cover BHT.

California Children's Services (CCS) is a state program for children with certain diseases or health problems. Through this program, children up to 21 years old can get the health care and services they need. CCS will connect you with doctors and trained health care professionals who know how to care for your child with special health care needs. To apply call (800) 288-4584 or fax (800) 924-1154; www.dhcs.ca.gov/services/ccs

In-Home Supportive Services (IHSS) This program will help pay for services to help the eligible person remain safely in his or her own home. The eligible adult must be over 65 years of age, disabled, or blind. Disabled children are also potentially eligible for IHSS. IHSS is considered an alternative to out-of-home care, such as nursing homes or board and care facilities. To apply, call Toll Free: (888) 944-IHSS, (888) 944-4477 or (213) 744-4477.

Early and Periodic Screening, Diagnosis and Treatment (EPSDT) benefit provides comprehensive and preventive health care services for children under age 21 who have full-scope Medi-Cal eligibility. EPSDT services include all services covered by Medi-Cal and may include additionally medically necessary services. To apply, please contact your primary physician.

Transportation Service

Access Services provides paratransit services for eligible people with disabilities who are unable to use public fixed route transportation systems. It offers shared-ride, curb-to-curb service that operates seven days a week, 24 hours of the day in most areas of Los Angeles County. However, limited services is available from 12:00 AM to 4:00 AM. Call (800) 827-0829; TDD (800) 827-1359 or cserv@accessla.org

Managed Care Plans Transportation Services shall provide transportation services, including emergency transportation, for its enrollees who have no other means of transportation available to any covered service. To access benefits call your managed care plan.

WIC Program

Women, Infants, and Children (WIC) Supplemental Nutrition Program is a federally-funded health and nutrition program for women who are pregnant, breastfeeding, or just had a baby, children under 5 years old, families with low to medium income. To apply call 888-WIC-WORKS (888-942-9675); www.wicworks.ca.gov



Generic Resources for Clients & Families (continued)

Mental Health Resources

Los Angeles County Department of Mental Health

Contact: (213) 738-4888, Access Center 24/7 Helpline: (800) 854-7771; www.dmh.lacounty.gov

Alma Family Services Provides behavioral services and other specific services for people with developmental disabilities. Contact: (323) 881-3799; info@alfamilyservices.org; www.alfamilyservices.org

Enki Youth and Family Centers offer a variety of mental health services as well as socialization, vocational and other school-based program. Funding source is Medi-Cal, private insurance and sliding scale. Enki has 8 locations. Their call center will designate the best location to meet your needs; (866) 227-1302.

Foothill Family Service offers a variety of mental health services including education in El Monte, Duarte, West Covina and Pasadena. Funding is Medi-Cal or sliding scale. Contact main office, located at 2500 E. Foothill Blvd., Ste 300 Pasadena CA 91107, for more information; (626) 993-3000; www.foothillfamily.org

Tri-City Mental Health Provides variety of program and support regarding mental health issues for residents in Pomona, La Verne and Claremont. Please visit www.tricityMHS.org.

Pacific Clinics Provides behavioral healthcare services. Contact: (877) PC-CARES or (877) 722-2737 for location near you. www.pacificclinics.org

Project Hope Visit www.projecthopeca.com to obtain information on how to support someone with a developmental disability and a mental health condition.

National Alliance on Mental Illness (NAMI) offers education, parent support groups, peer-to-peer support, provider support and more in Spanish and English for children and adults. Call NAMI Hotline (800) 273-8255; nami.california@namica.org; www.namica.org

CHADD The national resource on ADHD: To contact ADHD specialist, call (800) 233-4050. For conference information contact: (240) 487-2318; www.chadd.org

Department of Rehabilitation (DOR)

DOR is an employment and independent living resource. Its mission is to provide services and advocacy that assist people with disabilities to live independently, become employed and have equality in the communities in which they live and work. DOR provides consultation, counseling and vocational rehabilitation, and works with community partners to assist the people they serve. Contact: (916) 324-1313; (800) 952-5544; (844) 729-2800 (TTY).
Local Offices: West Covina (626) 813-7662, El Monte (626) 572-2336 and Pasadena (626) 304-8300.

Social Security Administration

This is an independent agency of the United States federal government that administers Social Security, a social insurance program consisting of retirement, disability, and survivors' benefits. Other available programs are Supplemental Security Income (SSI) and Work Incentive Programs (Ticket to Work).

Supplemental Security Income (SSI) is designed to help the elderly, blind, and persons with disabilities that have little or no income. It provides cash to meet basic needs for food and shelter. If you are not a U.S. citizen, but you lawfully reside in the United States, you may still qualify. To apply for benefits, you may visit your local SSI office. Your local office may be located online at: <https://secure.ssa.gov/ICON/main.jsp>

Your Ticket to Work Program helps to get vocational rehabilitation, training, job referrals and other employment support services free of charge. For more information call Ticket Helpline, at 1-866-968-7842. To apply or for information contact (800) 325-0778; TTY (800) 325-0778; www.socialsecurity.gov

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