



Listed below is a brief summary of services available for adults. Please refer to SG/PRC's Purchase of Service Policy for details about the service and the need for reviewing generic services.

Adult Day Services and Supports

Adult day services and supports purchased by the regional center are designed to develop, maintain or increase self-care, self-advocacy, employment training, community integration, and social, mobility, and behavior skills.

Behavior Intervention

Behavior intervention services are designed to provide education, training, and support to families and/or service providers in situations where emotional, social, or behavioral challenges are interfering with an individual's ability to participate in family and community life and/or to remain in the least restrictive living setting. For adults (18 - 21) diagnosed with autism, these services are available through the client's health insurance, including Medi-Cal Managed Care Plans.

Employment Training and Support Services

Employment is a significant way for adults to lead more independent and productive lives. All adults should be considered for employment training. Referrals for this service can be made through the Department of Rehabilitation (DOR), and supported work programs. Regional center can only fund these services if client is ineligible for a public school funded program and DOR.

Independent Living Services

Independent living services are designed to provide support and instruction in a natural environment. The purpose of such services is to help an individual learn to do things as independently as possible and be full participants in community life. These services can be provided to clients living independently as well as to adult clients living with family members.

Individual/Family Training and Development

Participation in seminars and conferences provides opportunity for people with developmental disabilities and/or their family members to develop skills and abilities in leadership and/or increase their knowledge of developmental disabilities and related resources. Transportation, lodging, and meal costs are the responsibility of the individual or family.

Medical, Dental and Equipment Services

Medical, dental, equipment and supply services and supports may be purchased to improve or maintain an individual's health status. The purchase of medications is included within these services. The needed treatment or equipment is associated with, or has resulted from a developmental disability, developmental delay or an established risk condition.

Mobility Training

Mobility training is a support service designed to teach adults how to use the public transportation systems. Its purpose is to enable the individual to be more independent and to access the community. The regional center shall assess individuals for mobility training before the purchase of vendored transportation services is considered.

Parenting Skills Training

Parenting skills training is designed to assist adults with developmental disabilities with the challenges of raising children and providing a safe, nurturing home environment for them. It may include instruction in areas such as: infant care, immunization/health care needs, nutrition, safety, child development, toilet training, discipline, and speech and language development.

Residential Services

Residential services are designed to provide direct supervision and specialized services to achieve Individual Program Plan objectives in a licensed residential setting. Dependent upon the abilities and independence of the person, the residential provider may provide care, supervision, training, and support to promote the individual's functioning in the areas of self-care, daily living skills, physical coordination, mobility, behavioral self-control, choice-making, community integration, accessing community resources, and participating in leisure time activities. Residential options include Family Home Agencies (2 bed maximum), Community Care Facilities (non- medical setting), and Intermediate Care Facilities (medical setting).

Respite Care

Respite care services are designed to provide family members with temporary relief from the continual care of a person with a developmental disability. The Regional Center may only purchase respite services when the care and supervision needs of the person exceed that of an individual of the same age without developmental disabilities. The number of respite care hours and type of respite service will vary depending upon the need of the individual and family. Hours can be provided on a monthly or quarterly basis. LVN respite is available for clients with significant medical needs.

Sexuality Training

Sexuality training is designed to assist individuals with developmental disabilities in protecting themselves from sexual abuse and/or exploitation (being taken advantage of) and to acquire socially acceptable behaviors and responsible attitudes toward human sexuality.

Supported Living Services

The intent of supported living services is to provide opportunities for adults with developmental disabilities, regardless of the degree of disability, to live in homes that they own or lease with support available as often and for as long as it is needed. The purpose of providing services and supports shall be to assist that individual to exercise choice in his or her life while building vital and long-lasting relationships with other individuals.

Therapy Services

Therapy services and supports include occupational, physical, speech or nutritional therapies that are required to prevent deterioration of a specific condition, or to improve functional skills. In most cases the need for therapy is met by public school programs, California Children's Services, Medi-Cal, Medicare, private family insurance, military health insurance, or other resources.

Transportation

The regional center may purchase transportation services from available public transportation systems (in the form of a bus pass or Access coupons) or purchase private transportation companies vendored by the regional center, or family members may become vendored for reimbursement of mileage costs. Parents, legal guardians, or care givers are expected to provide for routine transportation, such as to medical appointments, from afterschool programs, to and from Saturday programs, and to and from programs during times when public schools are not in session.